

Liberty

Pride

Mark Your Calendar For These Events



Thursday, December 1

- ✔ LES Quarterly Luncheon

Friday, December 9

- ✔ PTO Meeting @ 9:00 &
Box Tops Turn-in date

Wednesday, December 21

- ✔ Winter Parties
- ✔ EARLY DISMISSAL - 10:30 am

December 21 - January 6

- ✔ WINTER BREAK - NO SCHOOL

Monday, January 9

- ✔ STUDENTS RETURN TO SCHOOL

Thursday, January 12

- ✔ Marcos Pizza Spirit Night

Friday, January 13

- ✔ REPORT CARDS

Monday, January 16

- ✔ Martin Luther King, Jr Holiday
NO SCHOOL

January 27

- ✔ Mother / Son Bash (6:00pm)



LES Parents,

The month of December is an exciting month. We have a lot of fun learning taking place during the month of December centered around the winter season.

As we approach the holiday season, I have a few reminders.

During this holiday season, remember the importance of attendance. We need students here at school and on time each day. Important learning is taking place. We want students to be ready for the next grade.

With an increase in field trips in all grade levels, it is important to remember that students **MUST** wear their 2016-17 field trip t-shirts. Students not wearing this shirt, will not be allowed to go on the trip. These shirts are provided for safety purposes and must be worn.

Also, please remember, **NO** outside food can be brought into the school cafeteria. This is district policy.

I am hopeful that each of you will have a wonderful Winter Break & look forward to seeing everyone January 9th, 2017.

Dr. Robey



FSSD Winter Break

December 22, 2016- January 6, 2017

**Students return
January 9, 2017**

Happy New Year!

Holiday **FOOD DRIVE**

The 4th grade students are helping to coordinate a Food Drive for our school. The food drive will benefit Grace Works and will begin Monday, December 5th and end Friday, December 15th.

To help build some additional excitement for our Food Drive, we are having a bit of friendly competition:

- All food will be collected and displayed in each grade level hallway daily.
- Each grade level is being asked to create a graph of their choice to calculate which class has collected the most items for the food drive.
- Dr. Robey and Dr. Davenport are working out their schedules to host some sort of reward for the class from each grade level that brings in the most items.

Items to be collected may include: canned meat, canned vegetables, cereal, crackers, cake/food prep. mixes, tissues, paper towels, and toiletries.

We really appreciate your help and support in this worthwhile endeavor.





Notes from Nurse Hargrove...

Is it a cold or is it the flu? That's the million dollar question this time of year! The common cold and the flu are caused by different viruses but can have similar symptoms, which makes it sometimes difficult to tell them apart. In general, the flu is worse and symptoms are more intense.

COLDS: Usual symptoms include stuffy or runny nose, sore throat and sneezing. Coughs are hacking and productive. It's unusual to have fever, chills, headaches and body aches, or if present, those symptoms will be mild. Symptoms usually come on gradually.

FLU: Fever is usually present, along with chills, headache and moderate to severe body aches and tiredness. Coughs are dry and unproductive and sore throats are less common. Symptoms come on rapidly, sometimes within three to six hours.

The best defense against both illnesses is good handwashing. Washing hands with soap and water is the best way to reduce the number of germs. If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.

What is the right way to wash your hands?

- **Wet your hands** with clean, running water (warm or cold) and apply soap.
- **Rub your hands** together to make a lather and scrub them well; be sure to scrub the backs of your hands, between your fingers, and under your nails.
- **Continue rubbing** your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.
- **Rinse your hands** well under running water.
- **Dry your hands** using a clean towel or air dry them.

As always, if you have any questions or concerns don't hesitate to contact me.

Shelia Hargrove, RN
LES School Nurse